

# Old Glory

Pillow Size: 16" x 38"



## Supply List:

(for Minky fabric, 58" wide)

½ yard Red Minky from Michael Miller Fabrics

½ yard White Minky from Michael Miller Fabrics

½ yard Navy Minky from Michael Miller Fabrics

90/14 Stretch Needle

Walking Foot

Flower head pins

Thermoweb's Spray'n Bond or equivalent

Fairfield Crafter's Choice Basic Pillow Form 16" by 38"

Freezer Paper

Light Tear away machine embroidery stabilizer, optional

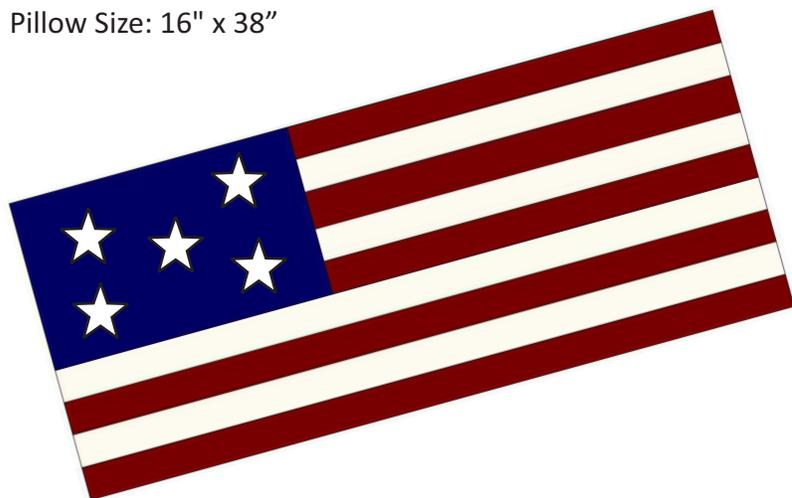
We hope you enjoy this free pattern from Poorhouse Quilt Designs!

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Rotary Cutting	
Minky Fabric	Cut
navy	10" x 16" Flag Piecing 16½" x 38½" pillow back
white	(2) 2¾" x 23½" (A) (2) 2¾" x 38½" (B)
red	(3) 2¾" x 23½" (A) (2) 2¾" x 38½" (B)

## ★Cutting Minky:

- Cut with a rotary cutter if at all possible.
- After cutting with a rotary cutter, place all of your pieces in a dryer with a damp wash cloth. Tumble on Low for 10 minutes. This will reduce the amount of Minky "crumbs".
- Use a vacuum cleaner or lint roller to clean up the Minky crumbs.
- You might find Minky in the grooves of your cutting mat; you can "erase" it with a vinyl eraser - I like the Staedtler brand erasers for this.

## Piecing:

Unless otherwise noted, use a ½" seam throughout this pattern.

Before piecing, make sure the nap of the minky is all going the same way.

1. Group A: Stitch 23½" red and white strips together, starting and ending with red (Fig. 1).
2. Group B: Stitch 12½" red and white strips together, starting with white and ending with red (Fig. 2).



Fig. 1



Fig. 2

## ★Stitching Minky:

- Take the time to use your walking foot for this project; this will ensure that the top layer does not stretch further than the bottom layer. Sew slowly, so that all layers move at the same rate.
- Use a ½" seam allowance.
- Stitch length 3.5mm or greater.
- Use a 90/14 Stretch needle
- Use long flower head pins to hold layers together.
- If you need to press, use a press cloth on top of the project to prevent melting, with iron set on low.

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3. Stitch group A to Navy rectangle (Fig. 3).
4. Assemble block and press. (Fig. 4).

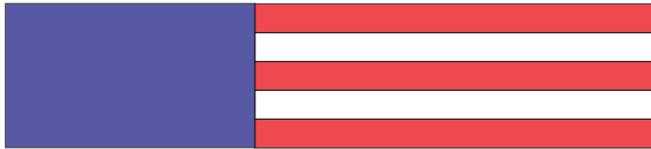


Fig. 3

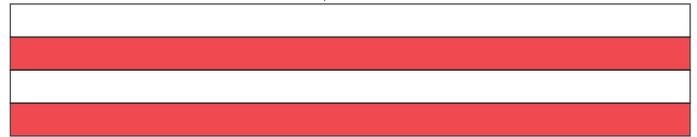
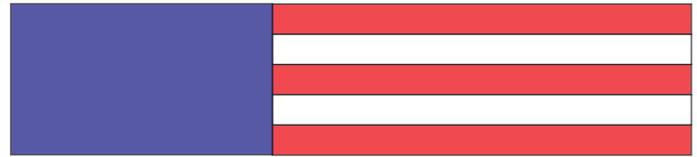


Fig. 4

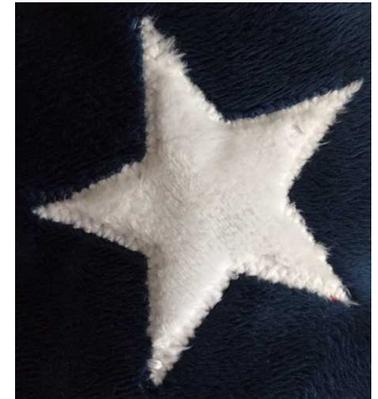
## Applique Stars

### 1. Prepare Shapes:

- Trace 5 stars onto Freezer Paper and cut out freezer paper stars along the traced line.
- Press shiny side of freezer paper stars onto the back of the leftover white minky, (iron set to low or synthetic).
- With a sharp pair of scissors, cut stars from Minky, and discard freezer paper shapes.
- Spray back of applique stars with Spray'n Bond basting spray or similar.

### 2. Applique:

- Place stars on the blue background, using the cover photo as a placement guide.
- Optional: Place tear away stabilizer beneath background to help in stitching.
- Use a zigzag to applique (start with 3 mm wide, 3 mm long, you can adjust to your liking) - the stitches will disappear into the pile, so don't worry if they are not perfect!



## Finish up Old Glory Pillow

1. Place pieced flag and pillow back right sides together, pin.
2. Stitch around the pillow, leaving a 10" opening at the bottom.
3. Add pillow form through opening and handstitch the opening closed. I found it easier to pin closed before hand stitching.

Enjoy!

★Care instructions: Wash in cool water. Tumble dry without heat and remove immediately. Do not use fabric softener.

